



SL BENFICA TRAINING PROGRAM

• LISBON, PORTUGAL •

GENERATION/oak *international* 



THE ACADEMY

Sport Lisboa e Benfica has known to be attentive to the signs of time, always looking to improve their training methods. As a result, in 2015, S.L. Benfica received the Globe Soccer award for Best Academy of the year.

Caixa Futebol Campus is the training center of S.L. Benfica. The complex has a building consisting of a hotel, two gyms, dressing rooms, swimming pools, jacuzzis, a sauna, a cafeteria and an auditorium.

The methodology applied during training is the same as S.L. Benfica uses to train its athletes and to guarantee the sustainability of its professional squads. Within the specific training sessions that S.L. Benfica will provide, you will be able to develop your technical, tactical, physical and psychological skills.

The Academy results of this methodology have once more been shown in the UEFA Youth Champions League, reaching 2 finals in the 4 editions of this competition.

THE CLUB

In 2017, S.L. BENFICA placed first in Primeira Liga, Portuguese Cup, and Supercup. With 2017's league title, the club has reached its first ever Tetra, or four league titles in a row. The club is very proud to have accomplished these results while promoting players from within their own Academy. The club is a complete success on and off the field, having produced sales of over 200 million in the past years.

LIVE THE EXPERIENCE



Team Travel Program Components

Train with professional Academy coaches at state of the art facilities. Experience the life of a European youth Academy player!

Challenge your game by playing against top quality local opponents, putting your new skills into practice. Learn about the local style of play first-hand!

Take your game to the next level by seeing the greats play in person. Imagine seeing Messi, Bale or Mueller's skills up close.

Get a behind the scenes glimpse of your favorite stadiums! See the trophies won, see the field from the team bench, and visit the locker rooms.

Experience a European capital, including its local culture, language, and food! Visit important historical sites and learn about local life.

**TRAIN
WITH ACADEMY
COACHES AT
TOP FACILITIES**

**PLAY
COMPETITIVE
FRIENDLY
MATCHES**

**ATTEND
PROFESSIONAL
MATCHES**

**TOUR
PROFESSIONAL
STADIUMS AND
FACILITIES**

**CULTURAL
SIGHTSEEING**

"I love watching the different coaching styles, I can pick up new things that I can bring back to the U.S. and put into my training sessions. Just being able to see where the top players in the world are able to train and compete I think is fantastic."
Danielle Malagari Coach

"I think there is a lot we can bring back to our teams back home, that's the main thing - just the culture and style of play. It's good to play international games against kids our own age, because it shows how you compare to them."
Paxton Pomykal Player

"We saw the full out team...which is really awesome to see players that I look up to play *live*, not just on the tv."
Matthew Boberg Player

"The atmosphere amazing, the complex is amazing, the coaches are fantastic, and I have learned so much. Being here is the best experience I could have imagined."
Dakota Peterson Player

"You have enough time for soccer but also enough time to experience the culture. It is an educational experience that not too many people have the opportunity to participate in."
Joe Flynn Supporter

YOUR EXPERIENCE INCLUDES



8 nights accommodation in Lisbon at a 3* or 4* hotel



Meal Plan: 2 meals per day. Breakfast each day, and lunch or dinner



All required ground transportation throughout the program*



Team Coordinator to be with team at all times, 24/7



Sightseeing and Cultural Activities, including visits to Lisbon, World Heritage city of Sintra



Medical and cancellation insurance



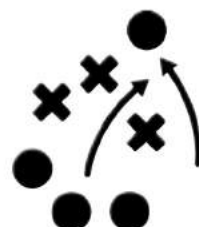
Laundry for Players (Uniforms, 3 loads)



4 training sessions with S.L. Benfica Academy coaches at S.L. Benfica's Caixa Futebol Campus training complex



All training session fields and equipment



3 pre-arranged competitive friendly games against Portuguese opponents



Tour of S.L. Benfica's Stadium, the Estádio da Luz, museum and megastore



Tour of S.L. Benfica's Caixa Futebol Campus training complex (Players and Coaches only). Observe S.L. Benfica Academy training sessions.



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Social media coverage during your training program

**Including one group airport transfer upon arrival and one at departure.*

OPTIONAL ITEMS

Please inquire for further information on these items:



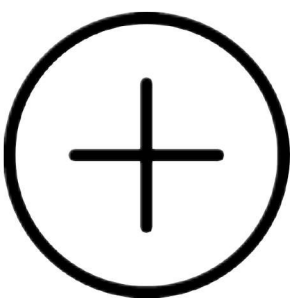
Roundtrip airfare is not included, but will be sourced for the group



Match tickets to professional games (subject to availability)



Additional items such as phone , calls, beverages, and snacks

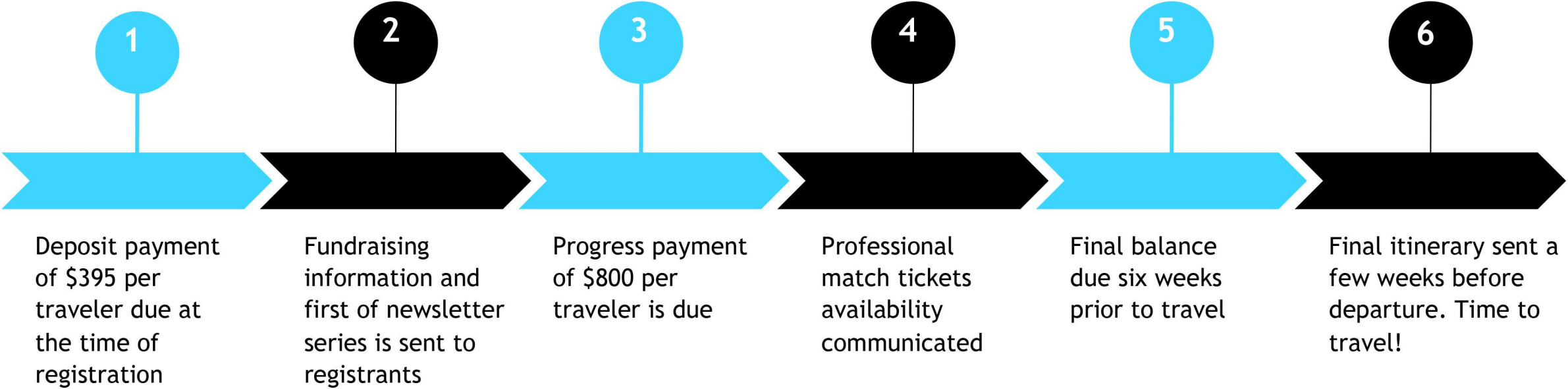


Admission fees to any cultural or leisure activities not listed in itinerary



Any other items not specified under the “Program Includes” section

THE PROGRAM TIMELINE

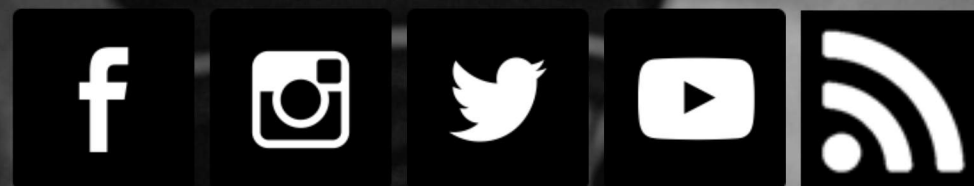
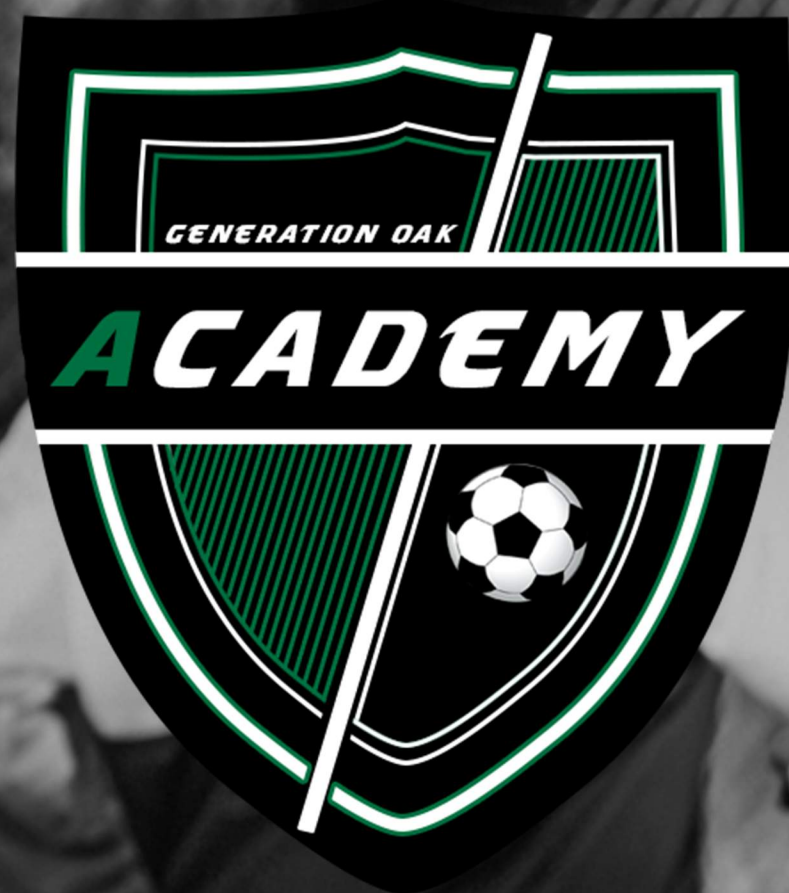




SAMPLE ITINERARY

** Please remember that this is a sample itinerary, subject to change based on your team's customized program.*

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| <p>DAY 1: Depart for Lisbon, Portugal.</p> <p>DAY 2: Arrive at Lisbon International Airport. Check into hotel to rest and relax after long flight. Light training session with own coaches. Attend Primeira League match (optional and additional cost).</p> <p>DAY 3: Training session #1 with S.L. Benfica Academy coach at Caixa Futebol Campus training complex. Guided visit of Caixa Futebol Campus training complex (Players and Coaches only). Sightseeing in Lisbon: Plaza del Rossio, Lisbon Cathedral “La Sé”, Castle of San Jorge.)</p> <p>DAY 4: Training session #2 with S.L. Benfica Academy coach at Caixa Futebol Campus training complex. Competitive match #1 vs. top level Portuguese team.</p> <p>DAY 5: Training session #3 with S.L. Benfica Academy coach at Caixa Futebol Campus training complex. Tour S.L. Benfica's Estadio da Luz stadium, museum and megastore. Sightseeing in Lisbon: Historic area of Alfama-Baixa and Cultural Quarter of Chiado-Bairro Alto.</p> | <p>DAY 6: Training session #4 with S.L. Benfica Academy coach at the Caixa Futebol Campus training complex. Competitive match #2 vs. top level Portuguese youth team.</p> <p>DAY 7: Recovery training session with your own coaches. Sightseeing in Lisbon: River Tagus, the monumental zone of Belém and the Parque de Nações.</p> <p>DAY 8: S.L. Benfica Youth Academy training observation (TBC). Competitive friendly game #3 vs. top level Portuguese youth team.</p> <p>DAY 9: Sightseeing in historic city of Sintra, UNESCO World Heritage Site. Attend Primeira League match (optional and additional cost).</p> <p>DAY 10: Depart Lisbon, Portugal.</p> |
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##WHEREWILLYOUPLAY

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